

Brendan Sedlar – Improv Captain

Hello, everyone! My name is Brendan Sedlar, and I'll be a junior for the 2024-25 school year. I've been in the Drama Club as an actor for two years, and an improviser at Off Q Improv for about the same time, and I've been in all but one of the improv shows since. I went from someone who could barely think of a name on the fly, to a guy who could pull monologues out of thin air. And with that experience, I'd like to talk about the things I've noticed about our Improv troupe.

Getting Back on our Feet

Off Q has always had its strength in numbers, and with the class of '24 leaving this year, it leaves a fairly big hole in the attendance. But with the eight graders coming in, we gotta get them onboard.

Where I Come In

If elected, I plan to up club advertisement, whether online, announcing it at rehearsals once a week, or announcing over the PA. And after we hopefully boost our attendance through these methods, I plan to reteach the basics of Improv: yes and, C.R.O.W, and story structure. Soon after, I would move on to long-form and musical improv, with the guidance of our Improv couch, David. I hope to go and watch several other troupes to see what others are doing, and how they're applicable to Off Q, as well as encouraging members of Off Q to do the same.

In Conclusion

Off Q has come to be a force in the improv world, and that has only come from improvement. At thespian festival, Juno was in the upper echelon of those performers, and we only get results like that from building on something, and then improving it, passing it on to the younger grades to use and build on in turn. I see the potential in Off Q, I have since the beginning. And with that being said, I would love to be one of your improv captains of the 2024-25 school year.